

MAJOR COMPONENT- Sports & Physical Education

SUB-COMPONENT- Sports & Physical Education

ACTIVITY MASTER- Sports & Physical Education

ACTIVITY- Sports & Physical Education

1.Progress Report in r/o Sports & Physical Education -2019-20

Sub Component : Sports & Physical Education					
Sports & Physical Education (up to Highest class VIII)					
127	District Level Sports Tournament	29	6.09	15	2.9325
	State Level Sports Tournament	1	1.65	1	1.62384
127.a	Sports & Physical Education (Primary Schools)	1676	83.80	1652	83.76718
127.b	Sports & Physical Education (Upper Primary Schools)	20	2.00	19	1.90
Total of Sports & Physical Education (up to Highest Class VIII)			93.54		90.22352

2.Proposal for Sports & Physical Education in AWP& B-2020-21

a. Sport Grant:

Objective:

Physical Education will develop the WHOLE child in EVERY child, The physical educators will serve as role models, and demonstrate knowledge of health, physical education and wellness, The physical education classes will provide a variety of

activities which will motivate the students and increase participation, in sports activities, which will inculcate healthy and positive changes and aid in talent scouting at early stage.

Proposed activity:

Provision of age appropriate sports equipment at Elementary and Secondary levels.

Strategy:

As per the guidelines for purchase of sports equipment, HOS will utilize the sports grant with the consent of purchase committee at school level.

Justification/Rationale:

- i. Will allow the students to participate in age appropriate activities.
- ii. Will develop and reinforce cooperative behaviour.
- iii. Will enable the students to learn and establish lifelong fitness goals.

Financial Implications:

(Fin. In Lac)

ACTIVITY	Phy.	Unit cost	Fin.
I-V no. of schools (Primary)	0.05	1674	83.70
VI-VIII no. of schools	0.15	18	2.70
Total Elementary level		1692	86.40
I/VI-X	0.25	97	24.25
I/VI- XII	0.25	943	235.75
Total Secondary level		1040	260.00
Grand Total		2732	346.40

(Fin. In Lac)

S. No	District	Phy.	Unit Cost	Fin.
1	East	174	0.05	8.70000
2	North East	192	0.05	9.60000
3	North	117	0.05	5.85000
4	North West A	216	0.05	10.80000
5	North West B	208	0.05	10.40000
6	West A	112	0.05	5.60000
7	West B	115	0.05	5.75000

8	South West A	54	0.05	2.70000
9	South West B	131	0.05	6.55000
10	South	114	0.05	5.70000
11	South East	153	0.05	7.65000
12	New Delhi	13	0.05	0.65000
13	Central	75	0.05	3.75000
	TOTAL	1674	0.05	83.70000

(Fin. In Lac)

S. No	District	Phy.	Unit Cost	Fin.
1	East	0	0.15	0
2	North East	5	0.15	0.75000
3	North	1	0.15	0.15000
4	North West A	1	0.15	0.15000
5	North West B	5	0.15	0.75000
6	West A	0	0.15	0
7	West B	0	0.15	0
8	South West A	1	0.15	0.15000
9	South West B	0	0.15	0
10	South	0	0.15	0
11	South East	1	0.15	0.15000
12	New Delhi	1	0.15	0.15000
13	Central	3	0.15	0.45000
	TOTAL	18		2.70000

(Fin. In Lac)

S. No	District	Phy.	Unit Cost	Fin.
1	East	10	0.25	2.50
2	North East	18	0.25	4.50
3	North	12	0.25	3.00
4	North West A	10	0.25	2.50
5	North West B	2	0.25	0.50
6	West A	2	0.25	0.50
7	West B	8	0.25	2.00
8	South West A	0	0.25	0.00
9	South West B	4	0.25	1.00
10	South	9	0.25	2.25
11	South East	8	0.25	2.00
12	New Delhi	9	0.25	2.25
13	Central	5	0.25	1.25
	TOTAL	97	0.25	24.25

(Fin. In Lac)

S. No	District	Phy.	Unit Cost	Fin.
1	East	104	0.25	26.00
2	North East	107	0.25	26.75
3	North	50	0.25	12.50
4	North West A	96	0.25	24.00
5	North West B	120	0.25	30.00
6	West A	56	0.25	14.00
7	West B	74	0.25	18.50
8	South West A	46	0.25	11.50
9	South West B	89	0.25	22.25
10	South	63	0.25	15.75
11	South East	83	0.25	20.75
12	New Delhi	24	0.25	6.00
13	Central	31	0.25	7.75
	TOTAL	943	25000	235.75

Expected Outcome:

Vibrant, effective and strong institutional mechanism would ensure that resources funding and adequate attention will help this vital area of Health and fitness.

b. Sports Competition: (Below 12 Years)

Organisation of Athletic meet and Games competition at zonal and state level.

Objective:

Encourage children to participate in physical activities to stay healthy and promote the programme 'Fit India'. Identify talent at early stage.

Proposed activity:

Athletic Meet at Zonal and State Level (for Boys & Girls), Foot Ball competition at Zonal and State Level(for Boys & Girls).

Strategy:

Primary Teachers will be sensitized to motivate their students for active participative in proposed physical activities.

Justification/Rationale:

The idea is to catch young talent at an early stage. Budding children will have the opportunities to exhibit their talent and potential, which can be honed, developed and

nurtured timely in an organised and systematic manner, such talent can be the part of Khelo India.

Financial Implications:

(Fin. In lac)

ACTIVITY	Phy.	Unit Cost	Fin.
Sports Competition (Below 12 years) Zonal Level	29	0.21	6.09
Sports Competition (Below 12 years) State Level	1	2.08	2.08
Total			8.17

Financial Implications:

(Fin. In lac)

S. No	District	Phy.	Unit Cost	Fin.
1	East	3	0.21	0.63
2	North East	3	0.21	0.63
3	North	2	0.21	0.42
4	North West A	2	0.21	0.42
5	North West B	3	0.21	0.63
6	West A	3	0.21	0.63
7	West B	2	0.21	0.42
8	South West A	2	0.21	0.42
9	South West B	2	0.21	0.42
10	South	2	0.21	0.42
11	South East	2	0.21	0.42
12	New Delhi	1	0.21	0.21
13	Central	2	0.21	0.42
TOTAL				6.09

Financial Implications:

(Fin. In lac)

S. No	State Level	Phy.	Unit Cost	Fin
1	State Level	1	2.08	2.08

Sports Competition (Below 12 years)

Under 12 years Age Group (both Girls & Boys) of DoE Schools. It is proposed to organize **ATHLETIC COMPETITION** at Zonal and then State level in the following events:-

- Jumping Activities: Long Jump / High Jump / Broad Jump for each category (Boys & Girl)
- Throwing Activities: Shot-put Throw / Ball throw / Hand Ball throw for each category (Boys & Girl)
- Running Activities: 100 mts / 50 mts / Hurdle Run for each category (Boys & Girl)
 First category: Class I and II (Boys and Girl Separately)
 Second category: Class III and IV (Boys and Girl Separately)
 Third category: Class V only (Boys and Girl Separately)

Under-12 Age category has been chosen because there is no such competition being held in Delhi by the Sports Department. It will help in identifying talent at an early age so that it is nurtured timely and effectively. The winners will be encouraged and motivated to pursue sports career by sending / enrolling them at Sports centres run by the Sports Department under the watchful eyes of the expert coaches.

For introduction and implementation of the above competition at **Zonal level** the following financial implications have been worked out to be sanctioned for each Zone Competition as under.

Sr	Particulars of Expenditure Head	Amount	Remarks
1	Sports Equipment	4000/-	As per the event and requirement.
2	Miscellaneous Expenses	7850/-	Lime Powder, Markers, Flags, First-Aid etc.
3	Awarding of Medals & Certificates	5400/-	18-Events X 300/- each
4	Official On Duty Payment	3750/-	15X250 Each.
Total Expenditure Per Zone		21000/- (Rupees Twenty one Thousand Only)	
Total Expenditure for 29 Zones		Rs.6,09,000/-(Six lac nine thousand only)	

Thereafter, **State level competition** in the same events is to be held. The financial implications for the State level competition are worked out as under:-

Particulars of Expenditure Head	Amount	Remarks
Sports Equipment / Marking powder etc.	4000/-	As per the event and requirement.
Cash Prizes	1500/(First) =27000 1000/(Second) =18000 500/(Third) =9000 Total=54000/-	9x2 winners (Girls & Boys)
Awarding of Medals & Certificates by eminent Sportsperson	5400/-	18-Events X 300/- each
Refreshments for participants, escorting Teachers, officials, Judges & officers	64.90x1600=103840/- (1080 Participants + about 580 escorting Teachers, officials, Judges & officers)	Around 1600 participants, escorting Teachers, officials, Judges & officers
Official On Duty Payment	3600/-	12X300 Each.
Miscellaneous (For Decoration, Banners, Mementos, Video and Photography)	30,000/-	As per requirement
Total	2,00,840/- (Rupees Two lac eight hundred forty Only)	
Grand Total	6,09,000+2,00,840=809840/-	

The total amount for conducting the whole exercise will be **Rs. 8,09,840/- (Eight Lac Nine Thousand Eight Hundred Forty Only)**. Through these competitions, we may find some true raw talents and future champions.

c. Foot Ball Competition :(Below 12 Years)

Financial Implications:

(Fin. In lac)

ACTIVITY	Phy.	Unit cost	Fin.
Foot Ball Competition (Below 12 years) Zonal Level	29	0.402	11.658

Foot Ball Competition (Below 12 years) State Level	1	2.130	2.130
Total			13.788

Financial Implications:

(Fin. In lac)

S. No	District	Phy.	Unit Cost	Fin
1	East	3	0.402	1.20600
2	North East	3	0.402	1.20600
3	North	2	0.402	0.80400
4	North West A	2	0.402	0.80400
5	North West B	3	0.402	1.20600
6	West A	3	0.402	1.20600
7	West B	2	0.402	0.80400
8	South West A	2	0.402	0.80400
9	South West B	2	0.402	0.80400
10	South	2	0.402	0.80400
11	South East	2	0.402	0.80400
12	New Delhi	1	0.402	0.40200
13	Central	2	0.402	0.80400
	TOTAL	29	0.402	11.65800

Financial Implications:

(Fin. In lac)

S. No	State Level	Physical target	Unit cost	Fin.
1	State Level	1	2.13000	2.13000

Expected Outcome:

Winners will be motivated and encouraged to pursue sports training at sports centres under the watchful eyes of expert coaches.

Foot Ball Competition (Girls & Boys) Below 12 Years.

To broad base the physical activities and develop fitness components, introduction and implementation of the above competition at **Zonal level**, the following financial implications have been worked out to be sanctioned for each Zonal Competition as under:

Sr	Particulars of Expenditure Head	Amount	Remarks
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1	Sports Equipment	4000/-	As per the event and requirement.
2	Miscellaneous Expenses	13800/-	Decoration, Banner, First-Aid, Lime Powder, Photography
3	Awarding of Medals & Certificates	7200/-	@300/- per set, @6.50 per certificate
4	Official On Duty Payment	6200/-	@250/- x 10x 2days, @150/- x 10x 2days,
5	Trophies for winner teams	9000/-	@4500/- each set
Total Expenditure Per Zone		40200/- (Rupees Forty Thousand Two Hundred Only)	
Total Expenditure for 29 Zones		Rs11,65,800/-(Eleven Lac Sixty Five Thousand Eight Hundred only)	

Thereafter, **State Level Foot Ball Competition** is to be held. The financial implications for the State level competition are worked out as under:

Particulars of Expenditure Head	Amount	Remarks
Sports Equipment / Marking powder etc.	4700/-	As per the event and requirement.
Cash Prizes	10000/(First) =20000 7500/(Second) =15000 5000/(Third) =10000 Total=45000/-	Winner Teams (Girls & Boys)
Awarding of Medals & Certificates by eminent Sportsperson	7200/-	@300/- per set, @6.50 per certificate
Refreshments Escorting Teachers, officials & officers	165x70x2days=23100/-	Around 70 escorting Teachers, officials & officers
Official On Duty Payment	25000/-	@ 500/- x20x2days=20000/-, @ 250/- x10x2days=5000/-
Miscellaneous (For Decoration, Banners, Mementos, First-Aid, Lime Powder, Markers, Balloons etc.	38,000/-	As per requirement
Photography and Video graphy	30000/-	For coverage of event
Tent age	40000/-	Various items as per requirement
Total	2,13 000/-(Rupees Two Lac Thirteen Thousand	

	Only)
Grand Total	11,65,800+2,13,000=13,78,800(Thirteen Lac Seventy Eight Thousand Eight Hundred Only

The total amount for conducting the whole exercise will be **Rs. 13,78,800/- (Thirteen Lac Seventy Eight Thousand Eight Hundred Only)** Through these competitions, we may find some true raw talents and future champions.

d. Sports Day

Organization of Sports Day at School Level in all the Govt. Schools of DOE.

Objective:

To develop whole child in every child through active participation in games and sports organisation at sports day with maximum no. of students.

Proposed activity:

Major games, minor games, Athletic event for each category viz-Sr, Junior, Sub-Junior, Boys and Girls separately.

Strategy:

The event shall be so designed to promote mass participation focusing an fitness development and identification of talent.

Justification/Rationale:

The importance of Games and Sports in School encompasses more than just the benefit of physical fitness. It also helps to develop self esteem, mental alertness and social skills. Organising sports day at school level will give platform to our budding children to showcase their talent with the true spirit of sportsman ship and inculcate values through the power of sports. Ultimately it will contribute to promote the Fit India movement.

Financial Implications:**(Fin. In lac)**

Activity	Phy.	Unit cost	Fin.
SPORTS DAY	1022	0.27500	281.05000

Financial Implications:**(Fin. In lac)**

S. No	District	Phy.	Unit Cost	Fin
1	East	114	0.275	31.35000
2	North East	130	0.275	35.75000
3	North	63	0.275	17.32500
4	North West A	107	0.275	29.42500
5	North West B	127	0.275	34.92500
6	West A	58	0.275	15.95000
7	West B	82	0.275	22.55000
8	South West A	41	0.275	11.27500
9	South West B	93	0.275	25.57500
10	South	72	0.275	19.80000
11	South East	92	0.275	25.30000
12	New Delhi	04	0.275	1.10000
13	Central	39	0.275	10.72500
		1022	27500	281.05000

Expected Outcome:

The conduct of sports day at school level will inculcate true spirit of healthy competition amongst children. It will promote joyful learning and help to achieve high goals.

3.Recommendation of Technical Support Group (TSG)

Sports & Physical Education (upto Highest Class VIII)							
Sports & Physical Education	83.8	83.767	1674	83.7	1674	83.7	Considered as proposed by the

(Primary Schools)							state
Sports & Physical Education (Upper Primary Schools)	2	1.9	18	2.7	18	1.8	Considered as proposed intervention @ Rs. 0.10 lakh per school as per norms
Sports Meets / Sports Day	0	0	29	302.987	29	7.799 84	In the AWP&B (page-179) the state has proposed zonal level and state level sports competition @ Rs. 0.21 lakh/zone and Rs. 2 lakh at state level. The appraisal team has considered @ Rs. 20000/zone for 29 zone and Rs. 2 lakhs for state level competition
Sports & Physical Education (upto Highest Class XII)							
Sports & Physical Education (Secondary)	27	26.998	97	24.25	97	24.25	Considered as proposed by the state
Sports & Physical Education (Sr. Secondary)	232.75	231.04	943	235.75	943	235.7 5	Considered as proposed by the state

4.Costing Sheet of Plan Approval Board

Sub Component	Activity Master	Level	Physical	Unit Cost	Financial (In lac)
Sports & Physical Education	Sports & Physical Education (upto Highest Class VIII)				
	Sports & Physical Education (Primary Schools)		1674	0.05	83.7
	Sports & Physical Education (Upper Primary Schools)		18	0.15	2.7
	Sports Meet/ Sports Day		29	10.44783	302.987
	Total of Sports & Physical Education (upto Highest Class VIII)		1721		389.38707
	Sports & Physical Education (upto Highest Class XII)				
	Sports & Physical Education (Secondary)		97	0.25	24.25
	Sports & Physical Education (Sr. Secondary)		943	0.25	235.75
	Total of Sports & Physical Education (upto Highest Class XII)				260.00
	Total of Sports & Physical Education				649.38707