

**GOVERNMENT OF NATIONAL CAPITAL TERRITORY OF DELHI
DIRECTORATE OF EDUCATION: SCHOOL BRANCH
OLD SECRETARIAT DELHI-110054**

No.DE.23(48)/Sch.Br./05


Dated:-02-01-14

CIRCULAR

Sub:- Advisory on importance of Breakfast and the need for Tiffin.

All HOSs are directed to advice all school children during assembly not to come empty stomach to school. They should come after eating breakfast or must bring some healthy food with them, as breakfast is an important meal to improve immunity against diseases specially in the winter season. Also they should be made aware about positive impact of nutritious food in the enhancement of academics.

This issues with the prior approval of the Competent Authority.


01/1/14

**(Dr. Sunita S. Kaushik)
Addl. Director of Education (SCHOOL)**

To all HOS of Govt. / Govt. Aided & Unaided Recognized schools for compliance.

No.DE.23(48)/Sch.Br./05

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Copy to :-

1. P.S. to Principal Secretary(Education), GNCT, Delhi.
2. P.S. to Principal Secretary(Health), GNCT, Delhi for information.
3. P.S. to Director (Education), GNCT, Delhi.
4. All RDs, Directorate of Education for necessary action.
5. All DDEs/EOs, Directorate of Education for compliance.
6. All Schools Managements of recognized aided & unaided schools for compliance.


1/1/14

**(Mrs. Usha Rani)
DEO(School)**