

MAJOR COMPONENT- Sports & Physical Education

SUB-COMPONENT- Sports & Physical Education

ACTIVITY MASTER- Sports & Physical Education

ACTIVITY- Sports & Physical Education

1. Progress Report in r/o Sports & Physical Education -2018-19

Sports & Physical Education (upto Highest Class VIII) and Sports & Physical Education (upto Highest Class XII)

Sport equipments are provided under this component. Expenditure for meeting expenses on procuring sports equipments for indoor and outdoor games is done in all Govt. and Local bodies schools. During 2018-19, Sport Grant was provided to various schools as tabulate below:-

Level of School	Amount (In Lakh)
Primary Schools	83.80
Upper Primary Schools	1.90
Secondary Schools	26.75
Sr. Secondary Schools	230.5158

2. Proposal for Sports & Physical Education in AWP& B-2019-20

Physical education is an essential component of school education. The students are taught highlighting the importance of developing physical fitness and the ability to perform and enjoy day-to-day physical activities with ease. Students also develop sports specific skills, life skills like team spirit, discipline, equality, healthy competition and fairplay etc. through various sports activities likes soccer, basketball, athletics, cricket or swimming. Regular physical education classes prepare kids to be physically and mentally active, fit, and healthy into adulthood. Through participation in various sports activities/competitions, children are exposed to the opportunities in sports. They can make their career in sports. Further, the talent can be spotted through these physical

activities which can be harnessed in future through rigorous training. An effective physical education program should include engaging lessons, trained P.E. teachers, adequate instructional periods, and student evaluation through competitions.

GOALS

- Physical Education will develop the WHOLE child in EVERY child
- The physical educators will serve as role models, and demonstrate knowledge of health, physical education and wellness
- The physical education classes will provide a variety of activities which will motivate the students and increase participation.
- Participation in sports activities will inculcate healthy and positive changes.
- Talent scouting at early stage.

OBJECTIVES

- The physical education program will allow the students to participate in appropriate activities.
- The physical education program will develop and reinforce cooperative behavior.
- The physical education program will teach the students to establish lifelong fitness goals.

Sports Grant:

It is proposed to provide Sports Grant to schools as follows: -

S. NO	CLASSESS	UNIT COST IN RS.	NO.OF SCHOOL	FIN. (IN LAC)
1	I-V NO. OF SCHOOLS (Primary)	0.05	1676	83.80
2	VI-VIII NO. OF SCHOOLS	0.1	20	2.00
Total Elementary level			1696	85.80
3	I/VI-X	0.25	108	27.00
4	I/VI- XII	0.25	931	232.75
Total Secondary level			1039	259.75
Grand Total			2735	345.55

Detailed No. of Schools

	DOE	MCD	DCB	NDMC	DSW	Total
Elementary Level	18	1662	0	14	2	1696
Secondary Level	1001	0	06	29	3	1039
Total	1019	1662	6	43	5	2735

Source:- U-DISE 2017-18

Sports Competition (Below 12 years)

Under 12 years Age Group (both Girls & Boys) of DoE Schools. It is proposed to organize competition at Zonal and then State level in the following events:-

- **Jumping Activities: Long Jump, High Jump.**
- **Throwing Activities: Shot-put Throw, Ball throws.**
- **Running Activities: 100 mts, 400 mts.**

Under-12 Age category has been chosen because there is no such competition being held in Delhi by the Sports Department. It will help in identifying talent at early age so that it is nurtured timely and effectively. The winners will be encouraged and motivated to pursue sports career by sending / enrolling them at Sports centres run by the Sports Department under the watchful eyes of the expert coaches.

For introduction and implementation of the above competition at **Zonal level** the following financial implications have been worked out to be sanctioned for each Zone Competition as under.

Sr	Particulars of Equipment/ Expenditure Head	Amount	Remarks
1	Sports Equipment	4000/-	As per the event and requirement.
2	Miscellaneous Expenses	8000/-	
3	Awarding of Medals & Certificates	5400/-	12-Events X 450/- each
4	Official On Duty Payment	3600/-	12X300 Each.
Total Expenditure Per Zone		21000/- (Rupees Twenty one Thousand Only)	
Total Expenditure for 29 Zones		Rs.6,09,000/-(Six lac nine thousand only)	

Thereafter, **State level competition** in the same events is to be held. The financial implications for the State level competition are worked out as under:-

Particulars of Equipment/ Expenditure Head	Amount	Remarks
Sports Equipment	4000/-	As per the event and requirement.
Cash Prizes	2000/(First) =24000 1500/(Second) =18000 1000/(Third) =12000 Total=54000/-	6x2 winners (Girls & Boys)
Awarding of Medals & Certificates by eminent Sportsperson	5400/-	12-Events X 450/- each
Refreshments / Lunch for participants & officials	220x400=88000/-	Around 400 participants & officials
Official On Duty Payment	3600/-	12X300 Each.
Miscellaneous	10,000/-	
Total	1,65,000/- (Rupees One lac sixty five Thousand Only)	

The total amount for conducting the whole exercise will be **Rs. 7,74,000/-**(**Seven Lac Seventy Four Thousand Only**). Through these competitions, we may find some true raw talents and future champions.

c. Organization of Sports Day at School Level

The importance of games and sports in school encompasses more than just the benefit of physical fitness. It also helps to develop self esteem, mental alertness and social skills i.e. group harmony, group cohesion and team spirit. Organisation of sports Day at school level will give platform to our budding children to showcase their talent with the true spirit of sportsmanship and inculcate values through the power of sports.

To organize **Sports Day at School Level**, the following financial Implications have been worked out to be sanctioned for each school of Dte of Education.

S.No.	Expenditure	Amount	Remarks
1.	Prizes @ Rs. 30 X 350	10,500	As per the event and requirement
2.	Refreshment @ Rs.20X 350	7,000	One major game and 6 athletic events each category viz. Srs, Jrs, Sub Jrs.

			(Middle or Sec Schools can add events)
3.	Contingency (Lime powder, markers, stationery etc)	2,500	As per the event and requirement
	Total	20,000	Per school

Proposed Budget

No. of Schools	Per school expenditure	Financial Outlay (Rs. In lac)
1019	0.20	203.80

The total amount for organising Sports Day in all schools of Dte., of Education is proposed to be **Rs. 2,03,80,000/-** (Two Crore Three Lac Eighty Thousand Only).

3. Recommendation of Technical Support Group (TSG) -2019-20

Sports & Physical Education: Sports & Physical Education (upto Highest Class VIII)

Activity	Proposal			Recommendation			Remarks
	Phy	Unite Cost	Finance	Phy	Unite Cost	Finance	
District Level Sports Tournament	29	0.21	6.09	29	0.21	6.09	Considered as proposed
State Level Sports Tournament	1	1.65	1.65	1	1.65	1.65	Considered as proposed
Sports & Physical Education (Primary Schools)	1676	0.05	83.8	1676	0.05	83.8	Considered as proposed
Sports & Physical Education (Upper Primary Schools)	20	0.1	2	20	0.1	2	Considered as proposed

Teachers Financial Support

Activity	Proposal			Recommendation			Remarks
	Phy	Unite Cost	Finance	Phy	Unite Cost	Finance	
Primary Teachers- Existing, in position (Contractual)	2775	1.8	4995	2775	1.8	4995	Considered as proposed
Upper Primary Teachers (Contractual) – (Elementary) Science and Mathematics	565	3	1695	565	2.4	1356	Considered as per norm @ Rs. 20000/month
Social Studies	266	3	798	266	2.4	638.4	Considered as per norm @ Rs. 20000/month
Languages	813	3	2439	813	2.4	1951.2	Considered as per norm @ Rs. 20000/month

Costing-TSG

Sports & Physical Education	Sports & Physical Education	126	Sports & Physical Education (upto							
		126.	District Level Sports Tournament	29	0.21	6.09	29	0.21	6.09	Considered as proposed
			State Level Sports Tournament	1	1.65	1.65	1	1.65	1.65	Considered as proposed
		126.a	Sports & Physical Education (Primary Schools)	1676	0.05	83.8	1676	0.05	83.8	Considered as proposed
		126.b	Sports & Physical Education (Upper Primary Schools)	20	0.1	2	20	0.1	2	Considered as proposed
			Total of Sports & Physical Education (upto Highest Class			93.54			93.54	
		127	Sports & Physical Education (upto Highest Class XII)							
		127.a	Sports & Physical Education (Secondary)	108	0.25	27	108	0.25	27	Considered as proposed
		127.b	Sports & Physical Education (Sr. Secondary)	931	0.25	232.75	931	0.25	232.75	Considered as proposed
			Total of Sports & Physical			259.75			259.75	
			Total of Sports & Physical Education			353.29			353.29	
			Total of Sports & Physical Education			353.29			353.29	

4. Approval of Plan Approval Board 2019-20

Sports and Physical Education (Elementary): An outlay of Rs. 93.54 lakh as per unit cost given below for 1676 primary schools and 20 upper primary schools was estimated for Sports Grants.

(Rs. in lakh)

Activity Master	Physical (Schools)	Unit Cost	Financial
Sports & Physical Education (upto Highest Class VIII)			
District Level Sports Tournament	29	0.21	6.09
State Level Sports Tournament	1	1.65	1.65
Sports & Physical Education (Primary Schools)	1676	0.05	83.8
Sports & Physical Education (Upper Primary Schools)	20	0.1	2
Total	1726		93.54

Sports and Physical Education (Secondary): An amount of Rs 259.75 lakh @ Rs 25000 was estimated for sports & physical education at 108 Secondary and 931 Senior Secondary schools.

(Rs. in lakh)

Activity Master	Physical (Schools)	Unit Cost	Financial
Sports & Physical Education (upto Highest Class XII)			
Sports & Physical Education (Secondary)	108	0.25	27
Sports & Physical Education (Sr. Secondary)	931	0.25	232.75
Total			259.75

The utilization of the funds for sports and physical education at paras k) and l) above needs to be in accordance with the detailed guidelines issued by MHRD. The following points needs to be kept in mind.

- Age appropriate sports equipment for government schools may be procured as per the guidelines issued by this Department to the States & UTs. The States & UTs may if they so desire, procure items from beyond this list subject to its actual requirement being certified by the head of school.
- Age appropriate sports activities may be organized in the Government schools of States & UTs as per the guidelines to be issued by this Department.

- Schools may include traditional/regional games of the respective State/Region. For maintaining workable stock position of sports equipments, periodic record may be maintained including workable equipment, repairable equipment, write-off equipment and new items to be purchased to maintain the required stock position.
- One responsible person/PET/Teacher-in-charge may be given the responsibility to take care of the equipment and maintaining the stock position of sports equipment in the school.

Outcome: The above intervention is meant for improving the PGI indicators and contributes to overall improvement in mental and physical development of the student.

Monitoring: Through regular reports to be uploaded on the portal at different levels and physical inspection at the time of Shagunotsav.

5. Costing Sheet of Plan Approval Board

Sports & Physical Education	Sports & Physical Education	1 2 7	Sports & Physical Education (upto Highest Class VIII)							
			12 7. District Level Sports Tournament	29	0.21000	6.09	29	0.21000	6.09	
			State Level Sports Tournament	1	1.65000	1.65	1	1.65000	1.65	
			12 7.a Sports & Physical Education (Primary Schools)	1676	0.05000	83.8	1676	0.05000	83.8	
			12 7.b Sports & Physical Education (Upper Primary Schools)	20	0.10000	2	20	0.10000	2	
			Total of Sports & Physical Education (upto Highest Class VIII)			93.54			93.54	

1									
2									
8			Sports & Physical Education (upto Highest Class XII)						
12	8.a		Sports & Physical Education (Secondary)	108	0.25000	27	108	0.25000	27
12	8.b		Sports & Physical	931	0.25000	232.75	931	0.25000	232.75

Particulars				Proposal			Final Approved Outlay		
Major Component	Sub Component		Activity Master	Physical	Unit Cost	Financial	Physical	Unit Cost	Financial
			Education (Sr. Secondary)						
			Total of Sports & Physical Education (upto Highest Class XII)			259.75			259.75
			Total of Sports & Physical Education			353.29			353.29
			Total for Sports & Physical Education			353.29			353.29