CIRCULAR

Sub: 20th MTNL Perfect Health Mela, 2013 (18th-22nd October at multiple places and 23rd-27th October 2013 at Constitution Club of India, Rafi Marg, New Delhi, 8 AM-8 PM)---Participation regarding.

Please find enclosed herewith a copy of letter dated 01/06/2013 received from Dr. K.K.Aggarwal, President, Perfect Health Mela, 2013 regarding 20th MTNL, Perfect Health Mela, 2013 (18th-22nd October and 23rd-27th October, 2013).

All DDEs are requested to circulate this circular to Principals, concerned schools for further necessary action.

Encl. As above.

Yours faithfully,

(SUNIL GARG)
Office Superintendent (HQ)

To,
All Concerned DDEs
Directorate of Education.

No.SPL.DE (HQ)/VIP/2013/1841-1843
Copy to:-

1. P.S. to Director (Education) for information please.
2. O.S. (IT) with the request to paste this letter on Website.

(SUNIL GARG)
Office Superintendent (HQ)
To
Sh. Amit Singla
Director
Dept. of Education, Govt. of NCT of Delhi
Old Delhi Secretariat, Delhi
Ph: 23890172, 363, Fax: 23890355

Sub.: 20th MTNL Perfect Health Mela 2013 ---Participation regarding.

Date: June 4, 2013

Dear Sir,

We are happy to inform you that this year’s 20th Perfect Health Mela will be held from 18th to 22nd October at multiple places and 23rd to 27th October 13 at Constitution Club of India Raft Marg, New Delhi from 8am-8pm. However, Perfect Health Mela activities would start with World Health Day observations on 29th September 2013 and would culminate on 31st October with Akhand CPR 10 Utsav in which more than 25000 people would be trained on How to save a life from sudden cardiac death using dummy manikins.

In the meeting chaired by Sh SCL Das Secretary H&FW on 10th May 2013, besides other points it was decided that:

a) Hiring charges for the stalls by various departments will be same as in Perfect Health Mela 2012 (Rs 30000 per stall (2x2m2)) inclusive of service tax.

b) All departments who are regularly taking part would besides hiring the stalls as done during perfect health mela 2012, would also discuss with organisers to increase their activities as proposed by organizers.

c) Departments would take necessary approvals from their respective administrative departments and inform the organizers in 4 weeks.

Minutes of meeting are attached as annexure 1.

We have proposed following activities for your department to enhance department’s outreach and which may kindly be confirmed at an earliest.

i. To direct through a circular all the public and government schools in the city about Akhand CPR Utsav being held on 31st October 2013 at DPS Mathura Road with a request to In this event participate in this event. More than 25000 students are being aimed to be trained on CPR10 Mantra –saving a life from sudden cardiac death.

ii. To nominate 2 teacher/govt school to get themselves trained on CPR 10 Mantra at the mela venue during mela days. Teachers in batches of 800 will be trained. 2 batches will be trained per day.

iii. To issue directives to all Delhi Govt schools to participate in Harmony (23rd October) Ecofest (24th October) inter school event at the mela venue.

iv. To issue circular to get their students trained on CPR 10 Mantra using dummy manikins at the mela venue also. Students in batches of 800 can be trained on daily basis.

v. To direct various schools to use Perfect Health Mela as a part of their annual picnic programme so that students can use this venue as an educational picnic mela.

vi. To run following lines on your website in the month of September and October: “Visit Perfect Health Mela at Constitution Club of India 23- 27 October and practically learn Hands on Hands only CPR 10: “Within 10 minutes of out of hospital death for at least next ten minutes, a bystander can revive a dead person by compressing the centre of the chest of the dead person with a speed of 10x10=100 per minute.”

We would be willing to discuss in person with you about our proposal in case your good self desires.

With regards,
Yours Sincerely,

Dr K K Aggarwal
Padmashri & Dr BC Roy Awardee
President
Ph 9811090206

Mrs. Pushpa Chopra
Dr. (Col.) K. L. Chopra
Sh. G. L. Sanghi
Founders

Chairman
Dr. Deepak Chopra

President
Dr. K. K. Aggarwal

Padma Shri & Dr BC Roy National Awardee

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www.heartcarefoundation.org
www.kkaggarwal.com

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Minutes of Meeting

A meeting to discuss about the participation of various departments in this year’s Perfect Health Mela, 2013 (20th in the row) was held under the Chairmanship of Secretary (H&FW) GNCT of Delhi on 10th May 2013 at 5 pm in the Conference Hall No. 3, 2nd Level Delhi Secretariat, New Delhi.

List of Participants is annexed

Dr. K.K. Aggarwal, President briefed the participants about the 20th Perfect Health Mela which will be held from 18th - 22nd October at multiple places and 23rd-27th October 2013 at Constitution Club of India, Rafi Marg, New Delhi from 8am-8pm. Dr. Aggarwal further informed that Perfect Health Mela activities would start with World Heart Day observations on 29th September 2013 and culminate on 31st October with All-India CPR 10 Utsav in which people would be trained on how to save a life from sudden cardiac death. The following decisions were taken:

1. Hiring charges for the stall by various departments will be same as in Perfect Health Mela 2012 (Rs.30,000 per stall (2x2mts.) inclusive of service tax.

2. All departments who are regularly taking part would, besides hiring the stall as done during Perfect Health Mela 2012, would also discuss with organizers to increase their activities as proposed by organizers.

3. All participating department may take part having regard to past practice, resources available and requirements.

4. Department would take necessary approvals from their respective administrative departments and inform the organizers 6 weeks.

5. Request letter from Secretary (H&FW) to be written to all concerned State & Central Govt. Departments, who did not take part in today’s meeting, requesting them to take part in the Perfect Health Mela.

6. All departments requested to generate data about the level of awareness like last year. Mela organizers to help in collecting the data.

7. After the conclusion of the mela, review meeting will be held with the department to discuss about the lessons learnt.

8. Income/expenditure statement & balance of the Perfect Health Mela of particular year will be submitted to the Health Department.
9. **Press Conferences**

1. 1st June, in Delhi
2. 1st July, in Ghaziabad
3. 1st August, in Noida
4. 3rd September, in Faridabad
5. 4th October, in Gurgaon and Bahadurgarh

**Health Awareness through Audio visual, Media & News Papers:**

During the Health Mela the following tentative activities will be carried:

1. 29th September: World Heart Day (Dil ka Darbar) Focus: DHADKAN and MURMER
2. 30th September Monday: Workshop for Healthcare Professionals on Hand washing and preventing hospital acquired infections.
3. 1st October Tuesday: Workshop for Healthcare Professionals on Hospitality.
4. 2nd October Wednesday: Workshop for Healthcare Professionals on Bio Medical Waste.
5. 3rd October Thursday: Workshop for Healthcare Professionals on End of Life Care.
6. 4th October Friday: Workshop for Healthcare Professionals on documentation and Medical Records.
7. 5th October Saturday: Workshop for Healthcare Professionals on Disaster Management.
8. 6-14th: Navratri Health Celebrations, two hour workshops on “slimming with taste”
9. 15th October, Tuesday: Dusshera Health Celebrations

10. 16th October, Friday: Press Conference, Constitution Club of India, New Delhi and aajtak TV Show on “reversing heart disease”
11. 19th October, Saturday: Media Advocacy Health Picnic, HOHO Bus
12. 20th October, Sunday: CME for Doctors: Moolchand Medcity. Four topics, one hour each, Theme:........................., 150 GPs to attend.
13. 21st October, Monday: Aajtak TV Show 12 noon on “Normal weight obesity”
14. 22nd October, Tuesday: Campaign “Be Faithful to your partner, a movie show at one of the multiplex, 11am show, with lectures on STI and HIV prevention during movie interval.

**23rd October Wednesday:**

15. Folk Dance Heritage: Inter School Art and Culture Festival, 8-1 pm: Ball dances competition (5 + 2 \times 40 schools = 280 minutes)

**24th October, Thursday**

16. Eco Festival: Inter School Health Festival (8-1PM): Main stage
25th October Friday

17. Main Stage, DivyaJyoti (Inter Nursing Schools and College Health Festival)
   a. Odissi Heritage: Inter School and Collage Festival
      5-8PM: Main Stage: Juniors, Middle, Seniors (Themes ... To be decided)
   b. 6-8 pm: Conference Hall 2: Cultural Festival by Urdu Academy
   c. 8-10 PM: Cultural Festival by Song and Drama Division

26th October, Saturday (Youth Festival)

18. Main Stage, School Health Festival

19. Anmol: Festival for children with special needs

27th October, Sunday (Doctor’s Festival)

20. Conference Hall 1 (8-6PM) 10

21. 31st October: 2nd CPR Utsav at DPS Mathura Road, 25000 People to be trained in CPR 10

22. Various other activities would be carried out concurrently during this period, in the creative, educative, cultural, artistic, skill development and other spheres.

The meeting ended with a vote of thanks to the chair.

(H R Sharma)
Jt. Secretary (H&FW)

F. No.400(69)/2003/H&FW/Plg./JS3IFW/ 1630-1/2.6

Dated: 27-11-19

Copy to:
1. The Secretary (H&FW), Ministry of H&FW, GOI, Nirman Bhawan, New Delhi.
2. The Jt. Secretary (IEC), Ministry of H&FW, GOI, Nirman Bhawan, New Delhi.
3. The Jt. Secretary (Ay), Department of AYUSH, GOI, Ministry of H&FW, IRCB Building (Main & Annex), Red Cross Road, New Delhi-110001.
4. The Jt. Secretary (EF), Ministry of Environment & Forests, GOI, Paryavaran Bhawan, CGO Complex, Lodhi Road, New Delhi-110003.
5. The Director General, Directorate of Advertisement & Visual Publicity (DAVP), Ministry of Information & Broadcasting, GOI, 10th Floor, Soochha Bhawan, CGO Complex, Lodhi Road, New Delhi-110003.
6. Dr. M. Sudhakar, Advisor, Min. of Earth Sciences, GOI, Prithvi Bhawan, Lodhi Road, New Delhi-110003.
7. The Director General (All India Radio), GOI, Akashvani Bhawan, New Delhi-110001.
8. The Jt. Secretary, IEL (CS, F&PD), Department of Consumer Affairs, GOI, Pratibh Bhawan, New Delhi.
9. The Head (NCSTC), Department of Science & Technology, GOI, Technology Bhawan, New Mehrauli Road, New Delhi-110016.
10. The Secretary, Min. of Women & Child Development, GOI, Shastri Bhawan, New Delhi.
11. The Project Director, NACO, Department of AIDS Control, Min. of H&FW, GOI, 6th & 9th Floor, Chanderlok Building, 36, Janpath, New Delhi-110001.
13. The Dean, Maulana Azad Medical College, GNCTD.
14. The Commissioner, Food Safety Department, GNCTD.
15. The Addl. Commissioner, Health, North Delhi Municipal Corporation, GNCTD.
18. The Commissioner, Transport Department, 5/9, Under Hill Road, Delhi-110054.
19. The Deputy Commissioner (Central), 14, Daryaganj, New Delhi.
20. The Deputy Commissioner (New Delhi), Jam Nagar House, New Delhi-110001.
21. The Secretary-cum-Commissioner, Department of Food Supplies & Consumer Affairs, GNCTD, K-Block, Vikas Bhawan, New Delhi.
22. The Dy. Commissioner of Police (Licensing), 1st Floor, Police Station, Andrews Ganj, Delhi-110049.
24. The Secretary, New Delhi Municipal Corporation (NDMC), Palika Kendra Building, Opposite Jantar Mantar, Parliament Street, New Delhi-110001.
25. The Secretary, Environment Department, GNCTD.
26. The Spl. Secretary (Art, Culture & Language), 7th Floor, C-Wing, Delhi Secretariat, GNCTD.
27. The Secretary, Delhi Commission for Women, 2nd Floor, C-Block, Vikas Bhawan, IP Estate, GNCTD.
28. The Director, Directorate of Health Services, GNCTD.
29. The Director, Directorate of ISM&H, GNCTD.
30. The Director, Directorate of Family Welfare, GNCTD.
31. The Director, Department of Information & Publicity (DIP), Block-IX, Old Secretariat, Delhi-110054.
32. The Director, Education Department, GNCTD.
33. The Project Director, Delhi State AIDS Control Society (DSACS), GNCTD.
34. The Drug Controller, Drug Control Department, GNCTD.
35. The Project Director, Centralized Accident & Trauma Services (CATS), GNCTD.
36. The Director (Education), NDMC, Palika Kendra Building, Opposite Jantar Mantar, Parliament Street, New Delhi-110001.
37. The Director (Education), MCD, Delhi.
38. Dept. of Climate Change, GNCTD.
39. The Medical Superintendent, GTB Hospital, GNCTD.
40. The Medical Superintendent, LNJP Hospital, GNCTD.
41. The Medical Superintendent, DJIP Hospital, GNCTD.
42. The Managing Director, Delhi Transport Corporation (DTC), IP Estate, New Delhi.
43. The Managing Director, Delhi Financial Corporation, Plot No. 17 & 18 Institutional Area, Patunka Road, D-Block, Janakpuri, Delhi-110058.
44. The Director, Department of Women & Child Development (Prohibition of traffic on women's Lane), K.G. Marg, New Delhi.
45. The Chairman, Managing Director, Delhi State Industrial Investments Development Corporation Limited (DSIIDC), N-Block, Bara Bazaar, Old Delhi Road, Delhi-110004.
46. The Director, Delhi Fire Services (Hq), Chattarpur Chowk, Delhi-110068.
47. The Director, Department of Women & Child Development (Protection of women's Lane), K.G. Marg, New Delhi.
48. The CEO/MD, DTTDC.
49. The Secretary, Power Department.
50. The Director, MAIDS.
51. The Chief Engineer, PWD, Central Delhi.
52. The MD, Indian Oil Corporation.
53. The MD/CEO, SAIL.
54. The MD/CEO, NTPC.
55. The Regional Manager, LIC of India.
56. The Director, DIPSAR.
57. The MD/CEO, GAIL.
58. The MD/CEO, Delhi Metro Rail Corporation.
59. The General Manager Marketing, MTNL.
60. The Chief Executive Officer, Delhi Jal Board, Varanlaya Bhawan, Phase-II, Jhandewalan, Karol Bagh, New Delhi.
61. The SHO, Parliament Street, New Delhi.
62. The MD/CEO, Coca-Cola India.
63. Dr. K.K. Aggarwal, President (Heart Care Foundation of India), F-219, greater Kailash Part-I, New Delhi-110048.

Copy for information to:-
1. The Secretary to Hon’ble Minister of Health, GNCTD.
2. The PS to Secretary (H&FW), GNCTD.
3. The PS to Spl. Secretary (Medical), H&FW, GNCTD.
4. The PS to Spl. Secretary (Para-Medical), H&FW, GNCTD.
5. The PS to Spl. Secretary (AYUSH), H&FW, GNCTD.
6. The PS to Spl. Secretary (Project), H&FW, GNCTD.

(H.I.R. Sharma)
Jt. Secretary (H&FW)
List of Participants

1. Sh. S C L Das, Secretary, H & FW Department
2. Sh. S B Shashank, Spl Secretary, H & FW Department
3. Sh. H R Sharma, Jt. Secretary, H & FW Department
4. Dr. N V Kamath, Director, Directorate of Health Services, GNCTD
5. Dr K S Baghota, Addl. Director, Directorate of Health Services, GNCTD
7. Sh. A. K. Srivastava, Deputy CGM, DTC
8. Sh. K. K. Aggarawal, SPE (Edn), NDMC
9. Dr. Gautam Kumar Singh, DFW
10. Sh. Rajveer Singh, SO, Transport Department
11. Dr. Rajpal, MS, GTBH
12. Sh. K P Singh, DTC
13. Dr. Aradhana, DTC
14. Sh. A A Arfi, UO, ACL
15. Sh. Mukesh Kumar, SI, Delhi Police
16. Sh. B. F. Firdhan, IOC
17. Sh. B Lal, Drugs Control
18. Prachi Garg, Advisor, AIDS Control
19. Dr. Deepak Verma, DDUH
20. Sh. B B L Bhatnagar, Adviser, H & FW
21. Dr. K K Aggarwal, HCFI
22. Sh. Saket Dinkar, North DMC
23. Jyoti Chopra, PC, DCW
25. Sh. Bansh Raj, ADM (Central)
26. Dr. P K Behera, CDMO, Central District
27. Dr. Surender Verma, DD(H), Dte. of ISMII
28. Sh. Shyam Sunder, ADE, Education Department
29. Sh. Surya Kant, Manager Tourism, OTTDC
30. Sh. P N Khuri, Designated Officer, Food Safety
31. Sh. Arunendra Singh, Tl/PGCI, Delhi Traffic Police
32. Dr. U Kakroo, HCFI
33. Dr. R N Singh, NDMC