CIRCULAR

Subject:- Nomination of Delhi Govt. School Students for one day adventure training at the complex of Indian Mountaineering Foundation near Dhaula Kuan, New Delhi w.e.f. 21.04.2016 onwards.

1. Indian Mountaineering Foundation (IMF) being the apex body for mountaineering in India, has the objective of organizing, supporting and providing a base for expeditions for mountaineering, skiing, rock climbing, trekking at high altitudes and to promote, encourage, support and execute schemes for related adventure activities and environmental protection work in the Himalaya.

2. IMF organizes pre-planned promotional activities in the field of Mountaineering and other land based adventure activities. Details of IMF are given in its website: indmount.org

3. IMF is located in the midst of University of Delhi, South Campus. It has got lush green sprawling Complex, which has the following facilities:-
   - Rock Climbing (Natural)
   - Tyrolean Traverse (Rope/River Crossing)
   - Tyre Swing
   - Commando Net
   - Burma Bridge
   - Rope Ladder
   - Crawling Through Tunnel
   - Sport Climbing (on Artificial Wall)
   - Casualty Evacuation
   - Adventure Movie
   - Visit Tenzing
   - Himalayan Museum

4. Regular training is conducted by IMF under guidance of trained instructors.

5. The adventure training is primarily organized for the benefit of youth to inculcate the following qualities and resultant benefits:-
   - Education through Nature
   - Education through Entertainment
   - Self Confidence
   - Self Awareness
   - Courage
   - Team work
• Building Strong Bonds
• Leadership
• Social Skills
• Sense of Sacrifice
• Character Building
• National Integration
• Ability to take Risk
• Attitude and Motivation
• Respect and appreciation of ones environment
• Environmental conservation
• Large trained Students Pool in time of emergencies / natural calamities as First Responders
• Channelize energy in positive direction and be a responsible and proud citizen of India

6. Now, the Indian Mountaineering Foundation has submitted that they look forward to train many more students through the year on the following issues:

a) Leadership, team building and social skills emphasizing on national integration.
b) Orientation of students as first responders in times of natural calamities / emergencies.
c) Generating interest in outdoor activities and sports, contributing towards better physical standards and a healthier lifestyle.
d) Respect and appreciation of need for environmental cleanliness and ecological conservation.

The Dte. of Edn. has chalked out a programme in coordination with IMF to provide one day training programme for the students of the following schools:

<table>
<thead>
<tr>
<th>S.No.</th>
<th>Name of the School</th>
<th>School I.D</th>
<th>No. of Participants (including teachers)</th>
<th>Date of visit to IMF campus</th>
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<tbody>
<tr>
<td>1</td>
<td>SBV, Rouse Avenue, Delhi</td>
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<td>2</td>
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<td>8</td>
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<td>10</td>
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<td>11</td>
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<td>04.05.2016</td>
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<td>12</td>
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<td>13</td>
<td>SV, Kitchen Road, Delhi</td>
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<td>100</td>
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<td>14</td>
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<td>15</td>
<td>SKV, Pandara Road, Delhi</td>
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<td>09.05.2016</td>
</tr>
</tbody>
</table>
The schedule of activities has been given in Appendix “A” annexed with this circular.

The transportation arrangements for this programme will be made by the sports branch. The buses will report at 7.00 a.m. at the concerned school.

Accordingly, the Heads of the concerned Government schools are requested to provide the details of students of their school in the proforma enclosed herewith at Annexure “B”, latest by 19.04.2016, directly to Indian Mountaineering Foundation at 6, Benito Juarez Road, Anand Niketan, New Delhi-110021. The contact details of IMF are given as under:

Phones: (91 11) 24111211, 24111572, 24117935 Fax: 24113412 Email: indmount@bol.net.in, director@indmount.org website: www.indmount.org

This issues with the prior approval of Director (Education).

Dy. Director of Education (Sports)

Copy to the following for information and necessary action:

1. Director, Indian Mountaineering Foundation, 6, Benito Juarez Road, Anand Niketan, New Delhi-110021 with the request to ensure all safety norms and procedures at their campus during the visit of Government school students.
2. All Addl. DEs
3. All RDEs
4. All DDEs
5. All ADEs
6. All concerned SPEs
7. All concerned HoS
8. PS to Secy. (Edn.)
9. PS to Director (Edn.)
10. OS (IT) with the request to place the circular on website.
ACTIVITIES CONDUCTED AT IMF CAMPUS
NEW DELHI

1. **Day Based Activities.** After introduction to Training Equipment and its usage the following ADVENTURE activities will be conducted:-
   a. Rock Climbing (Natural)
   b. Tyrolean Traverse
   c. Tyre Swing
   d. Commando Net
   e. Burma Bridge
   f. Rope Ladder
   g. Crawling Through Tunnel
   h. Sport Climbing (on Artificial Wall)
   i. Casualty Evacuation
   j. Adventure Movie
   k. Visit Tenzing Himalayan Museum

2. **Timings** - 10.00 hours to 1600 hours

3. **Age Group of Participants:** 12 Years & above

4. **Strength of Batch:** - 100 Nos (Approx) (2 x Bus loads) including teachers / escorts

5. Fee will include following:-
   (a) Instructors
   (b) Guides
   (c) Equipment
   (j) First Aid
   (k) Packed Lunch & Snacks
   (I) Insurance cover

6. **Teachers/Escorts** - One per 25 trainees (Free).

**Special Instructions**

8. IMF is NO Smoking Zone. The trainees and escorts are expected to leave the IMF Complex clean and should not indulge in plucking flowers and littering. Escorts/Teachers are expected to facilitate to maintain discipline and cleanliness.
Appendix “B”

NOMINAL ROLL TO BE SENT TO ‘IMF’ FOR INSURANCE COVERS
FOUR DAYS BEFORE THE ADVENTURE ACTIVITIES

<table>
<thead>
<tr>
<th>S.No.</th>
<th>Name</th>
<th>Father’s Name</th>
<th>Date of Birth</th>
<th>Next of Kin with relationship</th>
<th>Address &amp; Contact No.</th>
</tr>
</thead>
</table>