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1. Wake up

Value: - Strive for better life

Objective - To choose right way to live a better life.

Sunny went of his Nani’s house. When he looked up at the sky, he felt very sad. It was a hot sunny day. The sky was dull, the trees were dried brown and leafless. There was no greenery, no flowers, and no birds around. Next day he packed his bag and returned to his house. He jumped with joy when he looked up the sky. It was blue with birds flying high. The trees were swaying slowly in the breeze. There was greenery all around with colourful flowers and birds enjoying the nature.

Q.1. Choose the picture that discribes a lovely time of the day. Give reasons.

Q.2. Fill in the blanks using 'should' and 'should not'.

1. We _________ wake up early in the morning.
2. We _______ take bath daily.
3. We _______ respect elders.
4. We _______ pluck flowers.
Value: Time Management

Objective: To allot the time in the best possible way to do daily routine activities.

Q.1. Rearrange the following activities according to your daily routine:

- Have breakfast (a)
- Get up early (b)
- Dress up (c)
- Go to School (d)
- Watch TV (e)
- Take bath (f)
- Complete homework (g)
- Go to bed (h)

Sita wakes up early in the morning and does all her work on time. That's why she always comes first in class. Whereas her brother Ram wakes up late in the morning and does everything late. Because of which his daily routine gets disturbed and his friends make fun of him. One day his class was going for a picnic. Ram again woke up late in the morning and missed the bus. From that day Ram decided to get up early in the morning and do everything on time.

Q.2. What should we learn from a clock? What is the importance of time?
Unit - 2

3. Noses

Value: Personal Safety

Objective: Taking care of your body parts

Q.1.

"The way it grows
Stuck night out where all of it shows
with two little holes where the breathing goes"

1. What does 'it' refers to in the above lines.

2. Which body part is used when you take a deep breath inside.
   Why should we breathe through 'it'

Q.2.

Have you ever suffered from cold.

What was the reason. What precautions should you take when you have cold.
4. The Little Fir Tree

Value: Self Realization

Objective - Identify yourself and be happy with what you have.

There was a Happy Tree. Who was healthy and green. He had a friend called black bird. They always stay together. Where as nearby there was a sad tree, who was leafless, dull and sad. No bird wanted to sit on it. He always looked at Happy Tree and wished to be like him.

Ques: 1.

Why 'happy tree' is happy and 'sad tree' is sad? can you make sad tree happy?

Hi, I am Happy tree

Hi, I am sad tree

Ques-2.

What did you learn from the story "The little fir tree"? Choose the right option.

(a) We should desire more and more
(b) We should be satisfied with what we have.
Q-3

Colour the balloons with actions that make others happy
5.Run

Value: Team Work

Objective: People working together in a team

There was a magical park in the city. It had big trees, green grass, swings and had golden sunlight. It always enchanted by children’s laugh. Children loved to play there and enjoy the greenery. They play various kind of games in teams.

Q.1. What type of games do you like to play in the park with your friends?

What basic values you must follow while playing in a team?

Q.2. Fill in the blanks using the words from the leaves

**IMPORTANCE OF EXERCISES**

1. Exercise makes us feel ________.

2. Exercise ________ our muscles.

3. Exercise makes our body ________.

4. Exercise keeps us ________.
There was a man called Nasruddin. He lived in a village. One day he went to garden with his friends. In the garden, he saw many mango trees. He began to boast, “No one can match my skills in archery”. So his friends asked him to shoot a mango with an arrow. He was not able to hit it in three trials. But in fourth trial, he was lucky to shoot the mango. Everybody was amazed to see this. But nobody knew that the target was hit by chance.

Q.1. What did Nasruddin boast about? Do you think his act of boasting was right? why?

Q.2. "Genuinness is key to long run success appreciated by the society." Colour the leaves of flowers which show the act of genuinness.
Unit - 4

7. Why?

Value : Exploration

Objective - To search the hidden truth.

Q.1. What do you think will happen -

1. If the sun doesn’t sink.

2. If the wind doesn’t blow.

Q.2.

what sort of boy is described in the picture?
what questions come to his mind? Write in the blanks given below.

There was a curious boy. He always asked questions about everything he sees around him like

- Why sun shines?
- Why night is dark?
- Why stones are hard?
- Why do stars twinkle? etc.

Why we eat?

Why the flowers die?
Value :- Sensitivity Towards Environment

Objective - Strongly or easily affected by our surrounding

Once a girl called Alice visited a strange magical garden. It had a fountain of cold shinny water. The garden was full of colourful flowers, green grass and a door. But the door was too small to enter. Alice was very happy to see the garden. She wishes she could enter it and play in it.

Q-1. What type of girl Alice was? Do you like the garden she visited? Tick the things we should not do while visiting the gardens.

- We should run over the grass.
- We shouldn’t pluck the flowers.
- We should tear the leaves.
- We should not tease the creatures.

Q-2. Imagine the garden of your dreams and complete the picture given below.
UNIT: -5

9. Don't Be Afraid Of The Dark

Value: Empathy

Objective - Putting yourself in someone else place to understand his feeling.

There was a girl called Nancy. She was very jolly in sunlight but was afraid of dark. She can't sleep alone at night. She can't move alone in dark. One day a fairy came and told her that when sun goes to sleep to take rest then stars and moon came up in the sky to give you company. So don't feel afraid of dark night. Night is also as good as day.

1. What do you think the child is feeling in picture?
2. Do you also feel afraid from dark? Imagine the world without sunlight and describe in the cloud given below.

[space for responses]
Hellen Keller
Value: Caring

Objective: To be concerned

Helen was not a normal child like us. She was blind, deaf and dumb. But she was very smart and curious. She always wanted to learn about the world around her but she was helpless. Her mother and her special teacher helped her to know the world and slowly she learned to be the part of the world.

Q.1. If you have a friend like Helen in your class. How will you help her? Answer in three sentences.

Q.2. Do you think that Helen's mother is like your mother? Choose the most appropriate words to describe your mother and write in clouds given below.

Caring, Loving, teasing, smart, supporting, aggressive.
Unit-6. 11. The Donkey and I had a little Pony

Value: Care for animals

Objective: Giving close attention and showing kindness to animals.

There was a Donkey called Degu. His master, Shanu was his best friend. They share great bonding with each other. Degu loved eating carrot and Shanu used to give him carrot to eat every day.

Q-1. Describe the picture given below. What values you are learning from it?

VALUES:
(a) _________
(b) _________
(c) _________

Hi! I am a Little Pony. I love playing and eating corn. I am blessed with very caring and loving master, who is a little girl. She takes care of my grey hair, blue eyes and wash my brown body and makes me keep smiling.

Q-2. According to the picture describe the features of Pony.

Hair ____________
Eyes ____________
Smile ____________
Colour ____________

Q-3. What common message you are getting from both the poems 'The Donkey' and 'I had a little Pony.'?
12. THE MILKMAN’S COW

Value: BEING KIND

Objective - Ready to do good to others.

There was a man and a boy. Both had cows. The man was very cruel towards his cow. His behaviour was very harsh. His cow gives him less milk or sometimes refuses to give milk. Whereas the boy was very kind towards his cow. He timely gives food to her. His cow seems very happy and always gives him a bucket full of milk.

Q.1. What do you think is more powerful, cruelty or kindness? Give reasons.

Q.2. Animals are very helpful. Match animals with the help provided by them.

- Dog: Gives us milk
- Cow: Guard our house
- Donkey: Gives us egg
- Horse: Carry luggage
- Hen: Pull cart
Q.3.

Hello, I am a traffic light
You must have seen me in the corners of the roads.
I have three colours in me.

- Red light means stop.
- Yellow light means wait.
- Green light means go.

Q-a:- In "The milkman's cow", the cow was sitting in middle of the road and stopped the traffic. Like cow which light of traffic signal stops the vehicles?

Q-b:- Which light of traffic signal ask the vehicles to go further?
UNIT- 7

13. HIWATHA

Value:- Love for birds and animals

Objective - feeling of great fondness for birds and animals.

Q-1. "Then the little Hiwatha, learned of every bird, its language, learned their names and all their secrets."

(i) Who was Hiwatha?
   What did he love?

(ii) Do you like Hiwatha?
   What quality of Hiwatha is described in the above lines?

Q-2. Do birds and animals also need love and care like you?
   Give reasons for your answer.
Q1. Match the characters of the story "The Scholar's Mother Tongue" with their appropriate values.

Akbar  Obedience  
Birbal  Leadership  
Pandit  Cleverness  
Courtiers  Knowledge  

There were two friends Rahim and Mahi. Rahim knew lots of languages. He always talked to others in their mother tongue. Mahi always wanted to know his real language. One day she used a trick to know his mother tongue. Rahim was sitting alone. She whispered in his ears that a snake is walking on his leg. Rahim shouted in Tamil and ran away.

Q-2. How many languages do you know? In which language you are comfortable to speak? In which language a person speaks in the times of difficulties? Why?
UNIT-8

15. A WATERING RHYME

Value: CARE FOR PLANTS

Objective - Looking after the requirements of plants.

Sumit had a small garden in his house. One day he saw that the plants were becoming grey and looking sad. He asked his mother. "Why is it so?" She said like you plants also need and care. They look healthy and colourful if you will give them proper care otherwise they will die.

Q-1. Do you think plants also need love and care? Write three lines about How you look after a plant.

1. ________________
2. ________________
3. ________________

Q-2. Write 'True' or 'False' to show the conditions necessary for the growth of plants.

(i) We should water plants in the morning. (  )
(ii) We should water plants at noon. (  )
(iii) We should water plants in the evening. (  )
(iv) We should water at the roots. (  )
(v) We should water the flowers. (  )
(vi) We should not pluck the flowers. (  )
16. THE GIVING TREE

Value : - GIVING

Objective - To give something to someone with your own wish.

Q-1. "All I left is a trunk cut down my trunk and make a boat".

(i) Who said these lines, to whom?
(ii) What did the tree suggest the boy to make with its trunk?
(iii) What quality of tree is described in the story "The Giving Tree"

Q-2. Write five lines about the importance of trees.

(i) Tree gives us ___________
(ii) Tree gives us ___________
(iii) Tree gives us ___________
(iv) Tree gives us ___________
(v) Tree gives us ___________
UNIT-9
17. BOOKS

Value: - Discipline

Objective - Training in an orderly way of life.

One day Roy and Suchit were playing in school. They entered the library and were trapped in it. They shouted a lot but nobody opened the door. They cried a lot and slept on the floor. Suddenly, they heard somebody's laugh. When they opened their eyes, they were shocked to see that the books were laughing and playing by holding each other's hands. When the books noticed them, they stopped. But then one old book came toward and asked both the boys to join them and play. Boys jumped with joy and started playing with them till somebody opened the door and took them out. Since then they started taking care of books.

Q-1: - a) Do you have library in the school? What types of books you read there?

b) Write down three habits we should maintain in a Library?

Q-2: - Tick the right(✓) answers to show.

- How should you take care of your library.
  - We should not tear the books.
  - We may write on the books.
  - We should not loose it.
  - It is not necessary to return the book on time.
  - Books should be handled gently.
18. GOING TO BUY A BOOK

Value :- Help Others

Objective - Act of helping the needy.

Two friends were going to the market. One friend wants to buy a book but he was very confused about how to buy it.

Q-1. Arrange the following details and help your friend to buy a book?

Steps:
- Pay for the book.
- Visit a book shop.
- Take the money.
- Choose a book.
- Go to the market.

Q-2. Choose the right values from the box to complete the blanks.

Friends, Helpful, share

(i) When your friend forgets his book at home, you would ____________ your book.

(ii) Books always help us & give us knowledge so, we can say books are our ____________.
UNIT-10

19. THE NAUGHTY BOY

Value : - Bring lifestyle changes

Objective - Modify your daily routine to live a better life.

Q-1. Complete the following sentences as the example given below.

E.g.: - We should exercise daily

1. We should ____________________
2. We should ____________________
3. We should not ____________________
4. We should not ____________________

Q-2. "There was a naughty boy
And a naughty boy was 'he'
He ran away to scotland
The people there to see".

(a) Name the poem from which the above lines are taken.

(b) Where did the naughty boy run away?

(c) Why did he run away?

(d) Are you bored of your daily routine? What changes you want to bring in it?
Value :- Being Polite

Objective - Showing good behaviour or attitude.

Q-1. "Each time he was rude to someone or told a lie, his nose grew longer. Finally Pinocchio said, "I'm glad to be a real boy. I'll never lie again."

(i) Who said these lines "I'm glad to be a real boy, I'll never lie again"?
(ii) Why did his nose grow longer?
(iii) What promise did he make finally?
(iv) Find the opposite of 'Polite' from the above lines.

Q-2. Why did Pinocchio run away from school.
Do you think he was right in doing so?
Would you ever run away from the school?
Why/Why not?
UNIT-1

WAKE UP : - Ans-1. Picture 2. It is an early morning with green trees and plants. All creatures are happy.

2. NEHA’S ALARM CLOCK : - Ans-1. b, f, c, a, d, g, e, h
      Ans-2. We must learn punctuality and right division of time for each work in life. Time is very important because if it goes doesn't come back.

UNIT-2

3. NOSES : - Ans 1. (i) Nose (ii) Nose, It filters the air we breathe in.
      Ans-2 : - Yes, because of dust, season change, taking cold drinks etc.
      Precaution - Covering nose with a handkerchief to avoid dust,
      Avoid cold drinks and icecreams.

4. THE LITTLE FIR TREE : - Ans-1. Happy tree is green and healthy and sad tree is dull and lifeless. We can make sad tree happy by watering and taking proper care of him.
      Ans-2. We should be satisfied with what we have.

UNIT-3

5. RUN : - Ans-1 Hide and seek, catch me if you can, cricket etc.
      Basic value to follow while playing in the team.

6. NASRUDDIN’S AIM : - Ans-1. Nasruddin boasted about his skills in archery.
      His act of boasting was not right because it proved him lier.
      Ans-2. Never lie, Never be fake, be original.

UNIT-4

      (1) There will be no sunlight
      (2) We can’t breathe.

8. ALICE IN WONDERLAND : - Ans 1. Curious, Yes. We shouldn’t pluck flowers, we should not tease the creatures.
      Ans-2. According to the choice of the student.

UNIT-5

9. DON'T BE AFRAID OF THE DARK : - Ans-1. The child is afraid of the dark.
      Ans-2. According to the choice.

10. HELEN KELLER : - Ans-1. By helping her in doing classwork. By helping her in doing classroom activities. By guiding her through all ways of the school.
     Ans-2. Yes, Caring, Loving, supporting, smart.
UNIT-6

1. THE DONKEY AND I HAD A LITTLE PONY:-
   Ans-1. Boy is feeding the donkey. The values we are getting from the picture are love, care, affection and responsibility.
   Ans-2. Hair- Thick and Grey
   Eyes - Big and Blue
   Smile- Sweet
   Colour- Brown
   Ans-3. Animals also need love and care. We should be kind to them.

2. THE MILKMAN’S COW:- Ans-1. Kindness, with kindness we can defeat the powerful also.
   Ans-2. Dog- Guard our house
   Cow- Gives us milk
   Donkey- Carry luggage
   Horse- Pull cart
   Hen- Gives us egg.
   b. Green light.

UNIT-7

3. HIWATHA: Ans-1. (i) Young Red Indian boy. He loved all plants and animals.
   (ii) Yes, Loving and caring.
   Ans-2. Yes, because they also feel love and pain

4. THE Scholar’S MOTHER TONGUE:-
   Ans-, Akbar - Leadership
   Birbal - Cleverness
   Pundit - Knowledge
   Courtiers- Obedience.

   Ans-2. Two (or more). Mother tongue is the most comfortable language. A person speaks in his mother tongue in the times of difficulties because it is the first language a child learn and has fluency in it.

UNIT-8

5. A WATERING RHYME:- Ans-1. Yes, By watering the plants in the morning and evening.
   By watering at roots
   By not hurting them by plucking flowers.
   Ans-2. (i) True (ii) False (iii) True (iv) True (v) False (vi) True.

6. THE GIVING TREE:- Ans-1 (i) Tree said these lines to the boy. (ii) A boat.
   (iii) The giving nature of the tree.
   Ans-2. (i) Food to eat (ii) Wood (iii) Medicines (iv) Air to breathe (v) Shade.
UNIT-9

17. BOOKS:- Ans-1. (a) Yes, fairy tales, story books, comics etc.
   (i) Keep silence
   (ii) Do not disturb others
   (iii) Silent reading.

Ans-2. We should not tear the books, we should not loose it, books should
be handled gently.

18. GOING TO BUY A BOOK:- Ans-1. Take the money, Go to the market, visit

   Ans-2. (i) Share
   (ii) Friends

UNIT-10

19. THE NAUGHTY BOY:- Ans-1. (i) obey our elders
   (ii) respect our teachers and parents
   (iii) lie (iv) hurt anyone.

Ans-2. (a) "The Naughty Boy".
   (b) To Scotland
   (c) To see the people.
   (d) According to the choice.

20. PINOCCHIO:- Ans-1. (i) Pinocchio
   (ii) because he tells lie.
   (iii) He will never lie again.
   (iv) Rude.

   Ans-2. Pinocchio ran for fun. No, he was not right because he may get into
   trouble. No, because we enjoy studying and playing with friends in school.