



शिक्षा का अधिकार

सर्व शिक्षा अभियान
सब पढ़ें सब बढ़ें
SAMAGRA SHIKSHA

OFFICE OF THE U.E.E. MISSION

(A Society Under Education Department, Govt. of NCT of Delhi)

Lucknow Road, Delhi - 110054

Ph.23810361, 23810647, Tele Fax:-011 23811442

Email:-spd_delhi@rediffmail.com

No: DE.29(12)(2)/SS/Parent Counseling/2020/ 3917-56

Dated:- 4/1/2021

CIRCULAR

Sub: Counseling cum Workshop for Parents regarding Emotional Well-being of Pre-adolescent children for providing them support under Samagra Shiksha.

- i. Parents have a very important role in the education of children. School alone cannot do justice without the support of parents. It is very important that parents understand their role and responsibility towards imparting quality education to their children. Children in the age group of 11 to 13 are very vulnerable due to physiological and psychological changes. At this stage, they need special attention and support from the parents.
- ii. It is pertinent that parents become aware about their role in providing proper care to their children.
- iii. Therefore, in order to inculcate good parenting skills amongst parents of these pre-adolescent children, this program has been envisaged so that parents can perform pivotal role in education of their children.
- iv. **Implementation Level – School Level**
- v. **Amount- Rs.1000 /- per School**
- vi. **Target Group:**

Management	DOE	DOE Aided	NDMC	DCB	Total
Total Schools	1022	205	30	6	1263

MHP
23/12/2020

1. Objective:

The proposal aims to help parents:

- i. Manage Stress.
- ii. Focus on realistic and appropriate expectations from children.
- iii. For developing good communication at home.
- iv. Develop differential attention for good and bad behavior of children.
- v. Monitor children's behavior, study pattern, scholastic and co-scholastic performance.
- vi. Build a non-punitive, democratic environment at home.
- vii. Develop problem-solving skills.
- viii. Build an environment of togetherness through family games.

2. Guidelines:

- i. The amount given to organize the workshop under Quality Interventions will be Rs 1000 per school.
- ii. The workshop will be organised for parents of students of classes VI to VIII in 1263 schools of DOE, DOE Aided, NDMC and DCB.
- iii. The List of 1263 selected schools is at **Annexure A**.
- iv. The management wise bifurcation of 1263 schools is as given below:

Management	DOE	DOE Aided	NDMC	DCB	Total
Total School	1022	205	30	6	1263

- v. The module for the '**Counselling cum workshop session for parents regarding Emotional Wellbeing of students**' has been developed by EVGCs and is placed at **Annexure B**.
- vi. The workshop will be conducted on **Wednesday, January 20, 2021**.
- vii. Counselling session will be of 2 Hours duration.

2.1 Instructions for HoS:

The HoS of the selected schools:-

- i. To select 10 parents from each class of VI, VII and VIII respectively (30 parents in total) for the counselling cum workshop session.
- ii. To ensure that only one parent (either mother or father) attend the workshop to maintain social distancing.

MS
23/12/2020

- iii. To coordinate with **EVGCs or Senior Teachers** and depute them for workshop in their schools.
- iv. To organize the workshop in the multipurpose hall of the school keeping in mind COVID-19 pandemic guidelines.
- v. To ensure availability and usage of essentials such as hand sanitizer/alcohol rub and Thermal Screening machine.
- vi. To attend the counselling cum workshop session along with the parents.
- vii. To provide their feedback and suggestions after the completion of the workshop.

2.2 Instructions to Teachers:

Class teachers of respective classes will:-

- i. Also attend the counselling cum workshop session along with the parents.
- ii. To further provide the orientation to students of their classes during online regular classes to spread awareness among students related to their emotional wellbeing.
- iii. Maintain a list of parents including their contact number who will attend the workshop.
- iv. **Coordinate and provide the HoS with all the required details and assistance in organizing the workshop.**
- v. To keep a record of attendance of parents and take their feedback after the completion of session.
- vi. To provide their feedback and suggestions after the completion of the workshop.

2.3 Instructions to EVGCs/Senior Faculties:

EVGCs/Senior Faculties of respective schools will :-

- i. To take the counselling cum workshop session of selected parents of students of Classes VI to VIII in all 1263 schools.
- ii. To take the counselling session according to modules developed for '**Counselling cum workshop session for parents regarding Emotional Wellbeing of students**' by EVGCs and is placed at **Annexure B**.
- iii. Ensure smooth conduct of the workshop by addressing every query of parents that may occur during the counselling session.

MHP
23/12/2020

- iv. To ensure that workshop is interactive and resolve the queries and doubts of parents.

2.4. Instructions for CRCCs:

CRCC of the respective school will –

- i. Also join the workshop and monitor the session.
- ii. Take care of the issues and report them timely to respective DURCCs for resolution.
- iii. To provide their feedback and suggestions after the completion of the workshop.
- iv. Handover the feedbacks of all Parents, HoS, Class teacher and CRCC to concerned DURCC.

2.5 Instructions for DURCCs:

- i. DURCCs to join one of the workshop session when being conducted in their respective district.
- ii. To provide their feedback and suggestions after the completion of the workshop to SS HQ.
- iii. The utilization certificates should be submitted within 14 days of completion of the workshop by the DURCC at SS (HQ).
- iv. **Note: The Feedback formats for Parents, HoS, Class Teacher and CRCC are placed at Annexure C, D,E and F respectively.**

2.6 Suggested activities:

- i. Group Discussion/Group Activities
- ii. Role Play/Stage Show
- iii. Sharing of Experiences
- iv. Talk by experts
- v. Presentation

3. Financial Norms:

Details of expenditure for Parental Counselling workshop per school is given below:

S. No.	Particulars	No. of Persons	Amount (per person) in Rs.	Amount in Rs.
1.	Refreshment	40	20	800
2	Honorarium for Resource Person (EVGC/Senior Faculty)	1	200	200
Total				1000

Mhd
23/12/2020

The amount of Rs 1000 (Rupees Thousand only) will be released in the accounts of respective schools. List of schools placed at **Annexure A**.

All the Heads of concerned schools mentioned in the list at Annexure A will initiate the "**Counselling cum Workshop for Parents regarding Emotional Well-being of Pre-adolescent children**" in respective schools complying with Covid-19 Guidelines regarding social distancing, sanitization etc. and submit a compiled report of the activities undertaken w.r.t "**Counselling cum Workshop for Parents regarding Emotional Well-being of Pre-adolescent children**" along with photographs and video clippings to the concerned DURCCs of their respective district through mail by **January 27 , 2021**.

The DURCCs are hereby directed to compile the reports of their respective districts by **February 10, 2021** and forward the same to SS (HQ).

This is issued with the prior approval of the Competent Authority.

Mohinder Pal
23/12/2020
(Mohinder Pal)
Deputy Director of Education
Samagra Shiksha

Encl:- As Above

No: DE.29(12)(2)/SS/Parent Counseling/2020/ 3917-56

Dated:- 4/1/21

Copy to:-

1. All DDE (District), Directorate of Education, GNCTD
2. FCA (Samagra Shiksha)
3. P.S to Secretary (Education), GNCT of Delhi.
4. P.A to SPD (Samagra Shiksha), Directorate of Education, Delhi.
5. All Concerned HoS
6. All DURCCs are directed for smooth conduct of the activity through CRCCs
7. Guard File.

Mohinder Pal
23/12/2020
(Mohinder Pal)
Deputy Director of Education
Samagra Shiksha