

**GOVERNMENT OF NATIONAL CAPITAL TERRITORY OF DELHI  
DIRECTORATE OF EDUCATION: HAPPINESS BRANCH  
OLD SECRETARIAT: DELHI-110054**

No. DE 23( )/Happi.Br./2023/1624

Dated: 01.03.2023

**CIRCULAR**

**Sub: Inviting articles for April 2023 Edition of Happiness Magazine "अभ्युदय"**

अभ्युदय, a quarterly magazine primarily based on the Happiness Curriculum is published by the Directorate of Education, GNCT Delhi. Theme based articles are invited from teachers, students, and other stakeholders for the 2<sup>nd</sup> edition of the magazine (April, 2023).

**Theme for the second issue is: Mindset- A Path Towards Happiness**

Mindset is a series of self-perception or beliefs people hold about themselves and for others. Mindset determines one's outlook, behaviour, values, frame of mind, attitude, and disposition and eventually shapes life. Mindset plays a significant role in determining the coping mechanism for life's challenges, achievements and success. Global problems like terrorism, global warming, war, corruption, pollution, illiteracy, etc. can be tackled through a shift in the mindset of humans across the globe. Mindset can be changed and developed over time. Keeping in mind the significant role of having a positive mindset, the present theme "Mindset: A Path towards Happiness" has been finalized for the upcoming edition.

Articles/ideas under the following heads are to be considered for publication:

**1. Writers' Choice (लेखक की पसंद)**

The stakeholders can write articles under this head. Articles written under this head must be aligned with the theme of this issue: '**Mindset- A Path Towards Happiness**'. Please refer to **Annexure 1** for more ideas on the current theme. The writer must use original research, anecdotes, case studies challenges and solutions. References and citations wherever required must be duly added.

**2. Inspiring and Innovative Practices in Schools (प्रेरणादायी प्रयास व नवाचार)**

Stakeholders can write about innovative and inspiring practices related to the Happiness curriculum within their schools.

**3. Around the Globe**

This section will focus on the research and practices conducted on the theme of this issue: Mindset-A Path Towards Happiness. The write up should have a separate title. It should quote leading newspapers, research, journal, and social media. References should be given at the end of the articles.

**4. Departmental Initiatives about the Happiness Curriculum**

This section will highlight various trainings/ orientations/shivirs/conferences conducted at the State/District/Zone/School Level. The word limit for this section is 300.

**5. Book/Article/Blog review**

The stakeholder can write review of any eminent Educationist/Philosopher/Psychologist/sociologist book/article/Blog who/that is inspiring and can be recommended for reading.



## 6. Highlights of this Quarter (Dec 2022 - Feb 2023)

This section will showcase the visits of National and International delegation to understand the Happiness Curriculum.

## 7. Reader's Corner

This section invites stakeholders' suggestions for the next upcoming quarterly issues and their views on the current theme.

### Guidelines

- **Last date for receipt of the articles for April 2023 Edition: 10.03.2023**
- Articles will be sent using the Google link [https://bit.ly/happiness\\_magazine](https://bit.ly/happiness_magazine)
- Students shall submit their entries only after a counter signature by the Heads of the Schools
- The entries received from the stakeholders of Government Aided Schools and Private Unaided Schools of Directorate of Education will be considered at par with the Government Schools.
- The articles/ideas should be within the parameters mentioned below:
  1. Language: Hindi (Font Mangal, font size 11) or English (Times New Roman. Font size 11)
  2. Word limit: 700 to 900 words
  3. The articles should also include pictures wherever necessary.
  4. Common & simple language should be used in your work.
  5. The title of the article should adequately represent the content.
  6. Reference should be mentioned at the end of the article.
  7. The articles should be the original work of the writer and not previously published or submitted to or accepted for publication in any form, in any other journal or magazine.

The DDE District, DDE Zone and Heads of Schools all Government, Government Aided Schools and Private Unaided Schools are required to make sincere efforts to encourage stakeholders including students, parents, teachers and policy makers to submit their write-ups in a time bound manner.

This circular has been issued with prior approval of the competent authority.

Enclosures: As above

  
Addl. DE  
(Happiness Branch)

No. DE 23( )/Happi.Br./2023/1624

Dated: 01.03.2023

All Heads of Government, Government Aided Schools and Private Unaided Schools under Directorate of Education through DEL-E.

Copy to:

1. PS to Secretary (Education)
2. PA to Director (Education)
3. PA to Addl.DE (School)
4. All RDEs/DDEs
5. Chairperson, Happiness Curriculum Committee
6. Heads of Schools through MIS

  
OSD  
(Happiness Branch)

## Annexure 1

### Suggested Ideas for Write-ups

- What is mindset? | क्या है मानसिकता ?
- Role of family, society, and school in building of mindset | मानसिकता निर्माण में परिवार, समाज, विद्यालय की भूमिका
- How does the change in mindset happens? | मानसिकता में बदलाव कैसे होता है ?
- Mindset and our world of happiness | मानसिकता और हमारी सुख - दुःख की दुनिया
- Development in mindset | मानसिकता में विकास
- Our behavior: mirror of our mindset | हमारा व्यवहार हमारी मानसिकता का आईना
- Healthy Mindset - Whose Responsibility is it? | स्वस्थ मानसिकता- किसकी ज़िम्मेदारी?
- Mindset: Stories of Change | मानसिकता : बदलाव की कहानियाँ

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## Undertaking

I/We, undersigned, give an undertaking to the following effect with regard to our article titled \_\_\_\_\_.

Submitted for publication in the Happiness Branch of Directorate of Education GNCT of Delhi. The article has not been published or submitted to or accepted for publication in any form, in any other journal or magazine.

I will be fully responsible if any copyright issue arise in this regard.

I hereby assign, convey and otherwise transfer all rights, titles, interest and copyright ownership of said article for publication.

The assignment of rights to Happiness Branch Directorate of Education, GNCT of Delhi includes the rights to edit, publish, reproduce, distribute copies, include in indexes or research databases in print, electronic or other media.

All accepted works become the property of DOE and may not be published elsewhere without prior written permission.

Signature

Date:-

Name:- \_\_\_\_\_

Designation:- \_\_\_\_\_

Office/School:- \_\_\_\_\_

Mobile Number:- \_\_\_\_\_

Email:- \_\_\_\_\_